DoctorTay

Microbiome Expertise for Your Practice

Partnering on microbiome results

Microbiome reports pack in a remarkable depth of personalized data. Turning that into a full interpretation and a plan that works takes experience and expert knowledge. Whether you're interested in adding gut health testing to your practice or want to get more from the testing you already provide, I can help you make microbiome testing a stronger part of your practice. You get clear, evidence-calibrated insight, and your patients get a plan they can act on.

Why work with an expert

Microbiome reports are dense. Without expert interpretation, results are easy to over-read, under-use or turn into a long list of supplements. An expert review looks at the whole picture: how the findings connect, what matters most for this patient, and can develop a prioritized plan to address the core imbalances.

Two ways to work together

1. Practitioner to practitioner. You stay the patient-facing contact. I review the results and intake and send you a written interpretation and a set of specific diet, lifestyle and product-unbiased recommendations to build into your plan. In addition, you gain educational insight that helps you build your own skills and comfort with microbiome interpretation.

2. Referral to me. I meet with the patient or family directly for a results review session, then send both of you a written summary so your implementation plan picks up from there. Two ways to set this up:

- As your in-house microbiome partner: I'm presented as part of your team. You set the patient's price and bill them; I bill you at my partner rates.
- As an outside referral: Patients book and pay me directly at my partner rate, and I send you a summary so their care stays coordinated.

In every pathway, my role is educational and advisory. I don't diagnose, treat or prescribe, and I'll refer to the patient's physician for anything that needs medical evaluation.

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Why Microbiome Testing?

The gut microbiome, the trillions of microbes living in the digestive tract, plays a role in digestion, immune function and inflammation. Its influence reaches well beyond the gut: research increasingly links the microbiome to skin, hormonal, metabolic and immune health, from infancy through adulthood.

A microbiome test shows what's happening in a specific person's gut: which beneficial microbes are present or missing, disruptive patterns that may contribute to symptoms, and how well the microbiome is functioning. It adds a new layer of precision to a care plan.

A results review can be especially helpful if you:

- Want to understand the microbiome better, and what's happening in yours
- Feel stuck in your health journey and want to see what's working or what to adjust next
- Are dealing with gut symptoms, or concerns that may connect to gut health, like skin, hormonal, metabolic or immune health.

About Doctor Tay

Taylor Soderborg, MD, PhD, is a physician-scientist and microbiome expert. She trained at CU Anschutz and Boston Children's Hospital and has published research on the early-life microbiome and long-term health. She speaks at national conferences, has been featured on podcasts, and advises leading nutrition companies, including AG1. As Founding Medical Director at Tiny Health, she worked with hundreds of families on their results and trained the healthcare providers delivering results reviews.

A results review is part education, part action plan. Taylor helps you understand the microbiome itself, then walks through your results: what stands out, what's going well, and what to prioritize. You'll leave with specific recommendations that build on the care you're already receiving.

Taylor provides education and guidance. She doesn't diagnose or treat medical conditions, and your physician remains your partner for medical care.

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What Patients Say

My session with Taylor was excellent, she was 100% enthusiastic and genuinely interested in my health, my microbiome and wellbeing. She clarified and simplified certain things I was a bit confused about. It was a wonderful experience and I was even more inspired and excited to move forward in my journey to better health and quality of life.

Taylor was attentive, thorough and invested in providing me with every opportunity available to help my baby's health. I will be following her instructions and going to schedule more calls.

Taylor is awesome! Easy and friendly to talk to and breaks down results in easy to understand [ways] also has the best recommendations.

Dr Taylor gave very useful insights on what may be going on and clear next steps to investigate as well as answered all my questions to my satisfaction. She made sure we identified whatever needed attention and the other areas that are doing well.

Rates

Rates are flexible. I'm happy to adapt to your existing pricing model, whether that's per patient, a bundled program or a monthly arrangement.

Referral to me

Service	Price
Results review: report review, 45-min session, written summary Partner discount $50 for direct referrals or in-house partnerships	~~$375~~ $325
Follow-up check-in: 20-min session, summary Optional per patient request	$125
Retest review: 45-min session, summary	$300
Testing Kit (Tiny Health) Other testing modalities accepted, priced per test cost	$199

Practitioner to practitioner

Service	Price
Initial results write-up and recommendations	$250
Retest comparison write-up	$225
Case Review Calls Can bundle results to discuss, available at 15min increments	$225/h

Ready to explore partnership?

Book a call

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